[26th March 1954

APPENDIX III.

[Vide answer to starred question No. 413 asked by Sri K. Madhavan Nambiar at the meeting of the Legislative Assembly held on 26th March 1954, page 1145 supra.]

Statement showing the present scale of diet allowed to 'C' class prisoners.

The present scale of diet allowed to 'C' class prisoners per day is as follows :—

Diet articles.	*Prisoners on*			
	Rice diet.		*Mixed diet.*	
	Labouring prisoners.	*Non-labouring prisoners.*	*Labouring prisoners.*	*Non-labouring prisoners.*
(1)	(2)	(3)	(4)	(5)
Firewood	1 lb.	1 lb,	1 lb.	1 lb.
Rice	8 oz.	8 oz.	3 oz.	3 oz.
Wheat or millet ..	8 ,,	6 ,,	13 ,,	11 ,,
Dhall	5 ,,	4 ,,	5 ,,	4 ,,
Tamarind	½ ,,	½ ,,	½ ,,	½ ,,
Curry powder ..	¼ ,,	¼ ,,	¼ ,,	¼ ,,
Salt	1-1/16 oz.	1-1/16 oz.	1-1/16 oz.	1-1/16 ez.
Onions	½ oz.	½ oz.	½ oz.	½ oz.
Vegetables	8 ,,	8 ,,	8 ,,	8 ,,
Potatoes	2 ,,	2 ,,	2 ,,	..
Oil	½ ,,	½ ,,	⅓ ,,	½ ,,
Groundnut kernels.	2 ,,	2 ,,	2 ,,	2 ,,
Jaggery	½ ,,	½ ,,	½ ,,	½ ,,
Milk for conversion into buttermilk.	2¾ ,,	2¾ ,,	2¾ ,,	2¾ ,,

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